## Treating Brain Trauma in Veterans and First Responders

MossRehab Institute for Brain Health is dedicated to the evaluation and treatment of persistent symptoms associated with post concussive and post-traumatic stress disorder (PTSD) for Veterans and First Responders.

**MossRehab Institute for Brain Health (MRIBH)** is a community-based comprehensive Traumatic Brain Injury (TBI) medical outpatient program that addresses the brain health issues associated with head trauma and PTSD.

Traumatic brain injuries and post-traumatic stress affect nearly 1 out of every 3 military personnel deployed to war zones since 2001. An estimated 30% of our nation's First Responders also experience symptoms of depression and post-traumatic stress.

## Why MRIBH?

MRIBH is backed by the proven experience and established practices of MossRehab in treating patients with TBIs and the transformative research of the Moss Rehabilitation Research Institute. MossRehab is one of only 16 federally funded Traumatic Brain Injury Model Systems of Care in the U.S., making it a center of excellence in the research and clinical care of TBI.

## **How We Help**

MRIBH will provide services in two phases: evaluation and intervention. Based on patient needs, team clinicians may include:

- Physician who specializes in traumatic brain injury rehabilitation and has experience with Military Veterans
- Therapists who understand TBIs and the consequences of concussion
- · Mental health specialists who provide emotional support
- · Integrative medicine specialists

For caregivers and family members, the MRIBH will offer education regarding the effects of traumatic brain injury, provide access to available resources, and provide guidance needed to support their loved one while taking care of themselves.

## To learn more about MRIBH admissions or referrals, please contact:

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